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## What is claimed is:

 An optical fiber holding device, comprising: an optical fiber;

a strip-shaped member, having a rectilinear groove in which the optical fiber is accommodated, and a gel substance contacting with the optical fiber is filled; and

a substrate on which the optical fiber and the strip-shaped member are mounted.

2. An optical fiber holding device according to claim 1, wherein the optical fiber is not contacted with a wall surface of the groove of the strip-shaped member.

15 3. An optical fiber holding device, comprising: an optical fiber having a grating;

a heater for heating the grating to a predetermined temperature distribution;

a strip-shaped member, having a rectilinear groove in which the optical fiber is accommodated, and a gel substance contacting with the optical fiber is filled; and

a substrate on which the heater and the strip-shaped member are mounted.

- 4. An optical fiber holding device according to claim 3, wherein the optical fiber is not contacted with a wall surface of the groove of the strip-shaped member.
  - 5. An optical fiber holding device according to claim 3, wherein the optical fiber is contacted with the heater.
    - 6. An optical fiber holding device according to claim 3, further comprising:
      - a Peltier element for keeping temperature level of the

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predetermined temperature distribution of the grating at a predetermined level; and

a temperature sensor for detecting the temperature of the optical fiber used to control the Peltier element.

- 7. An optical fiber holding device according to claim 1, wherein a positioning mark is provided on the substrate, which is used for positioning the strip-shaped member on the substrate.
- 8. An optical fiber holding device according to claim 3, wherein a positioning mark is provided on the substrate, which is used for positioning the strip-shaped member on the substrate.
  - 9. An optical fiber holding device according to claim 1, wherein the gel substance includes a silicon compound.
    - 10. An optical fiber holding device according to claim 3, wherein the gel substance includes a silicon compound.
- 20 11. An optical fiber holding device according to claim 1, wherein the strip-shaped member is made of quartz.
  - 12. An optical fiber holding device according to claim 3, wherein the strip-shaped member is made of quartz.
  - 13. An optical dispersion-equalizer, comprising: an optical fiber having a grating;
  - a heater for heating the grating to a predetermined temperature distribution;
- a heater control circuit for controlling a temperature of the heater;
  - a strip-shaped member, having a rectilinear groove in which the optical fiber is accommodated, and a gel substance contacting with the optical fiber is filled;

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a substrate on which the heater and the strip-shaped member are mounted;

- a Peltier element for keeping temperature level of the predetermined temperature distribution of the grating at a predetermined level;
- a temperature sensor for detecting the temperature of the optical fiber;
- a Peltier element control circuit for controlling the peltier element based on the temperature of the optical fiber detected by the temperature sensor; and

an optical circuitry for inputting an optical signal to the grating and for outputting the optical signal reflected on the grating.

14. A method of manufacturing an optical fiber holding device comprises an optical fiber having a grating; a heater for heating the grating to a predetermined temperature distribution; a strip-shaped member, having a rectilinear groove in which the optical fiber is accommodated, and a gel substance contacting with the optical fiber is filled; and a substrate on which the heater and the strip-shaped member are mounted, said method comprising the steps of

filling the gel substance in the groove of the strip-shaped member;

accommodating the optical fiber in the groove of the strip-shaped member in which the gel substance is filled;

mounting the strip-shaped member, in which the gel substance is filled and the optical fiber is accommodated, on the substrate on which the heater is mounted; and

moving the strip-shaped member on the substrate so as to carry out a positioning of the groove with respect to the heater.

15. An method of manufacturing an optical fiber holding device comprises an optical fiber having a grating; a heater for

heating the grating to a predetermined temperature distribution; a strip-shaped member, having a rectilinear groove in which the optical fiber is accommodated, and a gel substance contacting with the optical fiber is filled; and a substrate on which the heater and the strip-shaped member are mounted; said method comprising the steps of

securing the strip-shaped member on the substrate on which the heater is mounted;

filling the gel substance in the groove of he strip-shaped member secured on the substrate;

inserting and accommodating the optical fiber in the groove of the strip-shaped member in which the gel substance is filled; and

moving the optical fiber on the heater so as to carry out a positioning of the grating with respect to the heater.

16. A method of manufacturing an optical fiber holding device comprises an optical fiber having a grating; a heater for heating the grating to a predetermined temperature distribution; a strip-shaped member, having a rectilinear groove in which the optical fiber is accommodated, and a gel substance is filled; and a substrate on which the heater and the strip-shaped member are mounted, said method comprising the steps of

mounting the optical fiber on the heater which is mounted on the substrate;

coating the optical fiber mounted on the heater with a gel substance;

mounting the step-shaped member on the substrate and accommodating the optical fiber in the groove of the strip-shaped member; and

moving the strip-shaped member on the substrate so as to carry out a positioning of the grating with respect to the heater.

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